Everynight Life

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Everynight Life

Shortlisted for the Rocky Mountain Book Award
Nominated for The Rocky Mountain Book Award (An Alberta Children's Choice Book Award)
Nominated for the 2003 Norma Fleck Award for Canadian Children's Non-Fiction
An elegant, expressive dancer, Chan Hon Goh is one of the ballet world's great stars. She is a brilliant technician possessing a delicate beauty and radiant stage presence. Born in Beijing to dancer parents, she tells the story of their flight to Canada from an oppressive regime that thwarted her father's career, her rigorous training, and her battle to achieve acceptance as the only Chinese-born prima ballerina in the history of the National Ballet. This fascinating look at the life of a dancer will appeal not only to the legions of Chan Hon Goh's admirers and to students of ballet, but also to young readers who understand what it is to pursue a dream.

Dance to the Tune of Life

What does it mean to give life to movement? This book answers the question through an ethnographic study and history of the Silvestre Dance Technique, created by Brazilian master teacher, dancer and choreographer Rosangela Silvestre. From the Brazilian arts movements of the 1970s to the global practice of Silvestre Technique today, the author explores the importance of understanding self-capacity and capability. The applied theory of the dance technique is explored through a series of interviews, physical practice and training.

Learning To Dance In The Rain

The function of dance in Latin/o American culture is the focus of the essays collected in Everynight Life. The contributors interpret how
Latin/o culture expresses itself through dance, approaching the material from the varying perspectives of literary, cultural, dance, performance, queer, and feminist studies. Viewing dance as privileged sites of identity formation and cultural resistance in Latin/o America, Everynight Life translates the motion of bodies into speech, and the gestures of dance into a provocative socio-political grammar. This anthology looks at many modes of dance—including salsa, merengue, cumbia, rumba, mambo, tango, samba, and norteño—as models for the interplay of cultural memory and regional conflict. Barbara Browning’s essay on capoeira, for instance, demonstrates how dance has been used as a literal form of resistance, while José Piedra explores the meanings conveyed by women of color dancing the rumba. Pieces such as Gustavo Perez Firmat’s "I Came, I Saw, I Conga’d" and Jorge Salessi’s "Medics, Crooks, and Tango Queens" illustrate the lively scope of this volume’s subject matter. Contributors. Barbara Browning, Celeste Fraser Delgado, Jane C. Desmond, Mayra Santos Febres, Juan Carlos Quintero Herencia, Josh Kun, Ana M. López, José Esteban Muñoz, José Piedra, Gustavo Perez Firmat, Augusto C. Puleo, David Román, Jorge Salessi, Alberto Sandoval

Falling Through Dance and Life

A riveting cautionary tale about the ecstasy and dangers of loving Marvin Gaye, a performer passionately pursued by all—and a searing memoir of drugs, sex, and old school R&B from the wife of legendary soul icon Marvin Gaye. After her seventeenth birthday in 1973, Janis Hunter met Marvin Gaye—the soulful prince of Motown with the seductive liquid voice whose chart-topping, socially conscious album What’s Going On made him a superstar two years earlier. Despite a seventeen-year-age difference and Marvin’s marriage to the sister of Berry Gordy, Motown’s founder, the enchanted teenager and the emotionally volatile singer began a scorching relationship. One moment Jan was a high school student; the next she was accompanying Marvin to parties, navigating the intriguing world of 1970s–’80s celebrity; hanging with Don Cornelius on the set of Soul Train, and helping to discover new talent like Frankie Beverly. But the burdens of fame, the chaos of dysfunctional families, and the irresistible temptations of drugs complicated their love. Primarily silent since Marvin’s tragic death in 1984, Jan at last opens up, sharing the moving, fervently charged story of one of music history’s most fabled marriages. Unsparing in its honesty and insight, illustrated with sixteen pages of black-and-white photos, After the Dance reveals what it’s like to be in love with a creative genius who transformed popular culture and whose artistry continues to be celebrated today.

Trance Dance

La Meri (Russell Meriwether Hughes, 1899–1988) was a performing artist, choreographer, teacher, and writer who built her career on ethnomusicology dance from many parts of the world. In addition to her
practical work in dance, La Meri also published writings that set forth her conceptions, understandings, goals and methodologies. This book is both a biography of La Meri and an analysis of the significance of her theory and practice, with attention to her own performance, choreography, writings, and teaching.

The Dance of Life

Dance Dance Dance

While she is best remembered today as founder of the Philadelphia Ballet and the director and driving force behind the famous Littlefield School of Ballet, from which Balanchine drew the nucleus for his School of American Ballet, Catherine Littlefield (1905-51) and her oeuvre were in many ways emblematic of the full representation of dance throughout entertainments of the first half of the 20th century. From her early work as a teenager dancing for Florenz Ziegfeld to her later work in choreographing extravagant ice skating shows, a remarkable dance with 90 bicyclists for the 1940 World's Fair, and on television as resident choreographer for The Jimmy Durante Show, Littlefield was amongst the first choreographers to bring concert dance to broader venues, and her legacy lives on today in her enduring influence on generations of American ballet dancers. As the first biography of Littlefield, Catherine Littlefield: A Life in Dance traces her life in full from birth through childhood experiences dancing on the Academy of Music's grand stage, and from her foundation of the groundbreaking Philadelphia Ballet Company in 1935 to her later work in television and beyond. Littlefield counted among her many glamorous friends and colleagues writer Zelda Fitzgerald, conductor Leopold Stokowski, and composer Kurt Weill. This biography also provides an engrossing portrait of the remarkable Littlefield family, many of whom were instrumental to Catherine's success. With the unflagging support of her generous husband and indomitable mother, Littlefield gave shape to the course of American ballet in the 20th century long before Balanchine arrived in the United States.

Learning to Dance in the Rain

Highly acclaimed UCLA Women's gymnastics coach of 7 NCAA championships Valorie Kondos Field shares insights on how to use uniqueness and authenticity to achieve success. Former professional ballerina Valorie Kondos Field--or Miss Val, as she's affectionately known--has never tumbled, flipped, or even played any type of organized sports, and yet she has been able to craft a legendary coaching career through curiosity, creativity, attention to detail, and unwavering care for the overall well-being of her athletes. For Miss Val, it's not about winning and losing, it's about choreographing your life and owning the choices you make. Miss Val has shaped her UCLA Gymnastics program as a
life skills class and now she's sharing those lessons with you, whether you're an athlete, business leader, or simply someone who wants to own their destiny. Miss Val's philosophies are timeless. Her coaching style is unorthodox. Life Is Short, Don't Wait to Dance is a thought-provoking, fun journey through the anecdotes of the 35-year career of a dancer/choreographer turned athletic coach. The book includes unforgettable stories of the Olympians and athletes with whom she's worked—including the inspirational journey of Katelyn Ohashi, whose joyful transformation under the tutelage of Miss Val was evident to the world when her perfect 10 floor routine went viral -- reaching over 100 million viewers. Other triumphs include Olympian Jamie Dantzscher, who found her confidence at UCLA and learned the tools to combat her previous abuse; and sensation Christine Peng Peng Lee, who helped the Bruins clinch the 2018 NCAA championship with back-to-back 10's. Miss Val also shares her favorite memories of her mentor, legendary basketball coach John Wooden, as well as her thoughts on Larry Nassar and the gymnastics sexual abuse scandal. Miss Val reveals how her coaching journey had a rocky start before she found her own best approach. In time she realized that her dance background wasn't a detriment, it was a gift. When she embraced this, Miss Val led the Bruins to victory. Life Is Short, Don't Wait to Dance is packed with great advice for anyone on a quest for success, delivered in Miss Val's reassuring and inspirational tone. She took the same approach to her breast cancer diagnosis, explaining how she made that struggle into one of the best years of her life. For Miss Val, it's all about attitude. Life Is Short, Don't Wait to Dance is a powerful book that shows you how to make the leap of faith in choosing your own path to greatness.

Giving Life to Movement

Did you realize your life is a dance with time. If you are looking for the seeds of ideas then read more The book is a collection of 215 inspirational and motivational points of view based on personal experience and anecdotal evidence and intended as a basis for the reader to develop the potential for positive informative insight that can be considered as a basis for thoughts that may prove advantageous in understanding life’s experiences. Life is indeed a dance with time, a brief moment in eternity were you are given the valuable opportunity to experience and interact with the physical realm that exists all around you, seen and unseen. The quality of life is governed by the effort put into taking the opportunity to create wonderful experiences that give life quality. There is a necessity to always have a clear vision, a desire, of what is required. If you can't figure out what you want in your mind's eye then what hope do you have of seeing what you want within reality.

A Life in Dance

Edited by Harvey Arden, with an Introduction by Chief Arvol Looking
Horse, and a Preface by former Attorney General Ramsey Clark. In 1977, Leonard Peltier received a life sentence for the murder of two FBI agents. He has affirmed his innocence ever since--his case was made fully and famously in Peter Matthiessen's bestselling In the Spirit of Crazy Horse--and many remain convinced he was wrongly convicted. Prison Writings is a wise and unsettling book, both memoir and manifesto, chronicling his life in Leavenworth Prison in Kansas. Invoking the Sun Dance, in which pain leads one to a transcendent reality, Peltier explores his suffering and the insights it has borne him. He also locates his experience within the history of the American Indian peoples and their struggles to overcome the federal government's injustices.

Moving Toward Life

Anna Halprin is one of the most important innovators in the history of modern dance, performance art, and post-modern dance. Moving Toward Life brings together for the first time her essays, interviews, manifestos, and teaching materials, along with over 100 illustrations, providing a rich account of the work that radicalized an entire generation of performers. Since the late 1950s, Halprin has been at the forefront of experiments in dance, from improvisation and street theatre to dances in the environment and healing dances. A brief overview of Halprin's career shows how her work has prefigured -- and transfigured -- crucial developments in postmodern dance. In the 1960s, Halprin invented the "workshop," and in the wake of the Watts riots, her multiracial company broke boundaries in their confrontational political performances. In the 1970s, she organized "community rituals" to explore how individual creativity feeds positively into group dynamics. These healing social events led to her current work with cancer survivors and people challenging AIDS and their caregivers. Depicting Halprin's deep commitment to social change, Moving Toward Life presents an engaging, critical document of the life of one of the most influential and least known luminaries of American dance. Sally Banes and Janice Ross join Rachel Kaplan in providing introductory essays to sections of the book.

Gene Kelly

When a tragic car accident took the life of our twenty-one year old daughter, Maia, we began a journey that has been paradoxically the most heart-wrenching and spiritually uplifting period of our lives. Learning to Dance in the Rain chronicles the first year of this journey. Through pain and despair to renewed energy and spiritual discovery, we write about the many ways in which we are finding strength and inspiration to carry on. With help from family and friends, a variety of religious/spiritual traditions, encounters with the natural world, and, most profoundly, continued connection with our beloved daughter, we are learning that death is as much a beginning as it is an end and that pain can be a catalyst for personal & spiritual
growth. It is our greatest hope that sharing our story in this way will help others find strength to face the storms that come their way and live their lives with greater meaning, purpose, and wonder. www.learningtodanceintherain.net

Dance with Demons

Daniel Lewis's legacy as a hugely influential choreographer and teacher of modern dance is celebrated in this biography. It showcases the many roles he played in the dance world by organizing his story around various aspects of his work, including his years at the Juilliard School, dancing and touring with the Jose Limon Company, staging Limon's masterpieces around the world, directing his own company (Daniel Lewis Dance Repertory Company), writing and choreographing operas and musicals, and his years as dean of dance at New World School of the Arts. His life has spanned a particular period of growth of modern and contemporary dance, and his biography gives insight into how the artistic and journalistic perspectives on modern dance were influenced by what was occurring in the broader dance and arts communities. The book also offers rarely seen photographs and interviews with unique perspectives on many dance luminaries.

La Meri and Her Life in Dance

a selection from the PREFACE: THIS book was planned many years ago. As to the idea running through it, I cannot say when that arose. My feeling is, it was born with me. On reflection, indeed, it seems possible the seeds fell imperceptibly in youth—from F. A. Lange, maybe, and other sources—to germinate unseen in a congenial soil. However that may be, the idea underlies much that I have written. Even the present book began to be written, and to be published in a preliminary form, more than fifteen years ago. Perhaps I may be allowed to seek consolation for my slowness, however vainly, in the saying of Rodin that "slowness is beauty," and certainly it is the slowest dances that have been to me most beautiful to see, while, in the dance of life, the achievement of a civilisation in beauty seems to be inversely to the rapidity of its pace.

Dance and the Quality of Life

In 1879, seventeen-year-old Penny yearns to escape the confines of Italy's mysterious and elite Grande Teatro and explore the flashes of memory that suggest she once lived a very different life.

To Dance On Sands

Dance Dance Dance—a follow-up to A Wild Sheep Chase—is a tense, poignant, and often hilarious ride through Murakami’s Japan, a place where everything that is not up for sale is up for grabs. As
Murakami’s nameless protagonist searches for a mysteriously vanished girlfriend, he is plunged into a wind tunnel of sexual violence and metaphysical dread. In this propulsive novel, featuring a shabby but oracular Sheep Man, one of the most idiosyncratically brilliant writers at work today fuses together science fiction, the hardboiled thriller, and white-hot satire.

Balanchine

Now Let's Dance

The world is big. Anna is small. The snow is everywhere and all around. But one night . . . One night, her mother takes her to the ballet, and everything is changed. Anna finds a beauty inside herself that she cannot contain. So begins the journey of a girl who will one day grow up to be the most famous prima ballerina of all time, inspiring legions of dancers after her: the brave, the generous, the transcendently gifted Anna Pavlova. Beautiful, inspirational, and triumphant, Anna Pavlova's life is masterfully captured in this exquisite picture book.

Life Is a Dance

Prison Writings

Have you ever wanted to try your hand at learning to dance? Here is your chance to find out what it takes to become a dancer who feels confident on the dance floor and looks good doing it. Whether your interest lies in Swing, Rumba, Salsa, or the Cha Cha Cha to mention a few, this primer will provide you with the knowledge to know what to look for, what to do, and what to avoid before starting your lessons. Read about the author’s journey from being a novice dancer afraid to get up and move, to becoming an experienced instructor willing to dance anywhere. Read about his dance experiences and see how he relates them to his personal life and how they connect and relate to many ballroom dances and dancers. With all this, you won't have to wait for the storm to pass. You'll know which foot to put forward and you'll be ready to dance in the snow, sleet, or rain.

"Dance First. Think Later"

As the 1970s gave way to the 80s, New York's party scene entered a ferociously inventive period characterized by its creativity, intensity, and hybridity. Life and Death on the New York Dance Floor chronicles this tumultuous time, charting the sonic and social eruptions that took place in the city’s subterranean party venues as well as the way they cultivated breakthrough movements in art,
performance, video, and film. Interviewing DJs, party hosts, producers, musicians, artists, and dancers, Tim Lawrence illustrates how the relatively discrete post-disco, post-punk, and hip hop scenes became marked by their level of plurality, interaction, and convergence. He also explains how the shifting urban landscape of New York supported the cultural renaissance before gentrification, Reaganomics, corporate intrusion, and the spread of AIDS brought this gritty and protean time and place in American culture to a troubled denouement.

After the Dance

'Completely enchanting a gentle and unexpected love story whose characters are drawn with tenderness and touching honesty. I loved it.' RUTH HOGAN, author of THE KEEPER OF LOST THINGS 'I enjoyed it very much, a really charming love story' CATHY HOPKINS, author of THE KICKING THE BUCKET LIST Marguerite has been living a comfortable but dull existence in a Parisian suburb with her straitlaced husband. When he dies, she realises that life has passed her by. Marcel has been in a loving relationship with Nora for almost sixty years. Now that he has lost her, he has lost his way. Marguerite and Marcel come from two very different worlds - one rich, one poor. But when they both - somewhat reluctantly - attend a mountain retreat called 'Secrets of Youth' their paths cross, and a connection forms But will they manage to overcome the disapproval of their friends and families, as well as their own misgivings? 'This gorgeous, optimistic, often very funny love story is full of the joys and despairs of ageing, and written with a superb simplicity. It's perfect for the young-at-heart.' DAILY MAIL

Life Is about the Dance

Looks at how time is consciously and unconsciously structured in various cultures and how time has been experienced by humans from prehistoric times to the present

Dance Your Dance

This book is both a biography of La Meri and an analysis of the significance of her theory and practice, with attention to her own performance, choreography, writings, and teaching.

A Life for Dance

A collection of inspirational advice helps readers overcome adversity and cope with the challenges and painful aspects of life, offering tools that show how to attain peace of mind and embrace the world

The Dance of Life
About Marta Becket . . . "Tears came to my eyes. Marta represented to me the spirit of the individual. The spirit of the theater. The spirit of creativity." -Ray Bradbury, Author

"Marta's paintings have a degree of humor and playfulness. The use of color is outstanding and tell of a generosity, talent and skill." -Red Skelton, Comedian/Artist

"Long before anybody invented the term performance art, Marta Becket was doing it, in an abandoned opera house in Death Valley Junction. She restored it an

La Meri and Her Life in Dance

Balanchine: Celebrating a Life in Dance is a tribute to 20th-century ballet's most influential choreographer. Balanchine explores 50 of the choreographer's greatest works.

The Art and Science of Dance/movement Therapy

Rebecca Stenn and Fran Kirmser have spent decades supporting and encouraging young dancers. They know that in addition to the immense passion and commitment that a dancer needs, a working knowledge of the financial and practical aspects of a life in dance are equally important. With A Life in Dance, Stenn and Kirmser give you resources to help you book a rehearsal space; obtain a legal representative and a tax preparer; find auditions; apply for grants; acquire health insurance; meet photographers, agents, publicists, and consultants; pay off student loan assistance; and begin financial planning. Stenn and Kirmser have also compiled narratives from some of the industry's most critically acclaimed performers to give you a glimpse into the life of a professional dancer. Brittany Schmid shows you what life is like for a dancer one year out of college. Wendy Osserman shows you what life is like fifty years out. Hamilton dancer Kamille Upshaw gives you tips on auditioning while choreographers from So You Think You Can Dance debate the benefits of live stage performance and television shows. Other stories include nuanced discussions about race in dance, mindful dancing, and the role of social media in the performing arts.

Catherine Littlefield

This is a book about falling as a means of reconfiguring our relationship with living and dying. Dancer, choreographer, educator and therapist Emilyn Claid draws inspiration from her personal and professional experiences to explore alternative approaches to being present in the world. Contemporary movement based performers ground their practices in understanding the interplay of gravity and the body. Somatic intentional falling provides them a creative resource for developing both self and environmental support. The physical, metaphorical and psychological impact of these practices informs the theories and perspectives presented in this book. As falling can be
dangerous and painful, encouraging people to do so willingly might be considered a provocative premise. Western culture generally resists falling because it provokes fear and represents failure. Out of this tension a paradox emerges: falling, we are both powerless subjects and agents of change, a dynamic distinction that enlivens discussions throughout the writing. Emilyn engages with different dance genres, live performance and therapeutic interactions to form her ideas and interlaces her arguments with issues of gender and race. She describes how surrender to gravity can transform our perceptions and facilitate ways of being that are relational and life enhancing. Woven throughout, autobiographical, poetic, philosophical, descriptive and theoretical voices combine to question the fixation of Western culture on uprightness and supremacy. A simple act of falling builds momentum through eclectic discussions, uncovering connections to shame, laughter, trauma, ageing and the thrill of release.

Beyond the Dance

A NEW YORK TIMES BESTSELLER One of the world's legendary artists and bestselling author of The Creative Habit shares her secrets—from insight to action—for harnessing vitality, finding purpose as you age, and expanding one’s possibilities over the course of a lifetime in her newest New York Times bestseller Keep It Moving. At seventy-eight, Twyla Tharp is revered not only for the dances she makes—but for her astounding regime of exercise and nonstop engagement. She is famed for religiously hitting the gym each morning at daybreak, and utilizing that energy to propel her breakneck schedule as a teacher, writer, creator, and lecturer. This book grew out of the question she was asked most frequently: “How do you keep working?” Keep It Moving is a series of no-nonsense mediations on how to live with purpose as time passes. From the details of how she stays motivated to the stages of her evolving fitness routine, Tharp models how fulfillment depends not on fortune—but on attitude, possible for anyone willing to try and keep trying. Culling anecdotes from Twyla’s life and the lives of other luminaries, each chapter is accompanied by a small exercise that will help anyone develop a more hopeful and energetic approach to the everyday. Twyla will tell you what the beauty-fitness-wellness industry won’t: chasing youth is a losing proposition. Instead, Keep It Moving focuses you on what’s here and where you’re going—the book for anyone who wishes to maintain their prime for life.

The Midnight Dance

Traces the career and personal life of the stage and film dancer, choreographer, actor, and director.

Life and Death on the New York Dance Floor, 1980–1983

Your road map to never giving up on your dream. World-renowned
choreographer and creative visionary Laurieann Gibson speaks to the dreamer in you: the artist, the writer, the thinker, the athlete, the mogul, the scientist, the entrepreneur, the mover and shaker. The part of you that knows your passion, that puts a kick-snare boom-kack rhythm in your heart. That part of you that makes you feel alive. Your dream, your dance, is unique to you. No matter your calling, Laurieann wants you to seize your passion and use it to propel you to your best life. For the first time, she shares the principles that not only shaped her career but also guided her work with the world’s biggest pop stars—so that you, too, can Act on the creative spark that brings you joy Move beyond the Dreamkillers of your past Persevere through the toughest moments Build a team to support you on your journey Empower others to realize their own dreams Drawing on her fascinating artistic experiences and the faith that sustained her through her biggest challenges, Laurieann offers a step-by-step guide to living out your vision. Because when it comes to being who God created you to be, it’s always your time to shine.

Daniel Lewis

This is the first volume devoted to the topic of dance and quality of life. Thirty-one chapters illuminate dance in relation to singular and overlapping themes of nature, philosophy, spirituality, religion, life span, learning, love, family, teaching, creativity, ability, socio-cultural identity, politics and change, sex and gender, wellbeing, and more. With contributions from a multi-generational group of artists, community workers, educators, philosophers, researchers, students and health professionals, this volume presents a thoughtful, expansive-yet-focused, and nuanced discussion of dance’s contribution to human life. The volume will interest dance specialists, quality of life researchers, and anyone interested in exploring dance’s contribution to quality of living and being.

End the Struggle and Dance with Life

Timeless in their wisdom, thought-provoking in their message, surprising in their truth and memorable in their originality, the right words can give direction, inspiration, and sometimes a tangible boost onto the right path. For example, Steve Jobs once read Stay hungry Stay foolish on the back cover of The Whole Earth Catalog, and those four words came to guide his life. Created by Kathryn and Ross Petras, connoisseurs of quotes, whose books and calendars have over 56 million copies in print, "Dance First. Think Later." is a collection of the greatest life wisdom from an unexpected group of speakers, doers, and thinkers. There are 618 rules to live byfunny, sly, declarative, thoughtful, offhanded, clever, and always profound: Watch with glittering eyes the whole world around you, because the greatest secrets are always hidden in the most unlikely places. Roald Dahl If everything is under control, you are going too slow. Mario Andretti Never make a credit decision on a beach. Victor J. Boschini Dance
first. Think later. It's the natural order. Samuel Beckett
The only time to eat diet food is while waiting for the steak to cook. Julia Child
What you spend years building may be destroyed overnight; build it anyway. Mother Teresa
And: Be yourself. Everyone else is already taken. Oscar Wilde

Swan

The Art and Science of Dance/Movement Therapy offers both a broad understanding and an in-depth view of how and where dance therapy can be used to produce change. The chapters go beyond the basics that characterize much of the literature on dance/movement therapy, and each of the topics covered offers a theoretical perspective followed by case studies that emphasize the techniques used in the varied settings. Several different theoretical points of view are presented in the chapters, illuminating the different paths through which dance can be approached in therapy.

The Art and Science of Dance/movement Therapy

'Quite simply the best book about science and life that I have ever read' - Alice Roberts
How does life begin? What drives a newly fertilized egg to keep dividing and growing until it becomes 40 trillion cells, a greater number than stars in the galaxy? How do these cells know how to make a human, from lips to heart to toes? How does your body build itself? Magdalena Zernicka-Goetz was pregnant at 42 when a routine genetic test came back with that dreaded word: abnormal. A quarter of sampled cells contained abnormalities and she was warned her baby had an increased risk of being miscarried or born with birth defects. Six months later she gave birth to a healthy baby boy and her research on mice embryos went on to prove that - as she had suspected - the embryo has an amazing and previously unknown ability to correct abnormal cells at an early stage of its development. The Dance of Life will take you inside the incredible world of life just as it begins and reveal the wonder of the earliest and most profound moments in how we become human. Through Magda's trailblazing research as a professor at Cambridge - where she has doubled the survival time of human embryos in the laboratory, and made the first artificial embryo-like structures from stem cells - you'll discover how early life is programmed to repair and organise itself, what this means for the future of pregnancy, and how we might one day solve IVF disorders, prevent miscarriages and learn more about the dance of life as it starts to take shape. The Dance of Life is a moving celebration of the balletic beauty of life's beginnings.

Life Is Short, Don't Wait to Dance

The Art and Science of Dance/Movement Therapy offers both a broad understanding and an in-depth view of how and where dance therapy can
be used to produce change. The chapters go beyond the basics that characterize much of the literature on dance/movement therapy, and each of the topics covered offers a theoretical perspective followed by case studies that emphasize the techniques used in the varied settings. Several different theoretical points of view are presented in the chapters, illuminating the different paths through which dance can be approached in therapy.

The Dance of Life

Life in Dance

Keep It Moving

The first biography of the celebrated Broadway and Hollywood choreographer and director—a complex man of extraordinary genius and overwhelming demons. His work on such legendary shows as The King and I, West Side Story, Gypsy, Funny Girl, and Fiddler on the Roof made him one of the most influential and creative forces in the history of American theater. His collaborators, friends, and enemies were among the greatest celebrities of stage and screen, including Barbra Streisand, Bette Davis, Stephen Sondheim, Natalie Wood, Montgomery Clift, and Mary Martin. His brilliant contribution to the American Ballet Theater and the New York City Ballet established him as one of the century’s great choreographic masters of the form. But in 1998, Jerome Robbins died a haunted man. All of his life, he was tortured by private demons: his conflicted feelings about his bisexuality and his Judaism; his bitter relationship with his parents; his betrayals of others during the McCarthy hearings; and a demanding perfectionism that bordered on the sadistic. Now, this groundbreaking biography, based on hundreds of interviews with friends, family, and colleagues, provides the first complete portrait of the man and the artist—a harrowing, heartbreaking, and triumphant work as complicated and fascinating as the legend himself.

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